

Numbers

A Birthdate Numerology System
Based on the Art & Science
of Number Patterns



YOGA

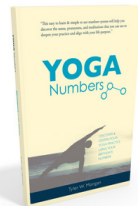
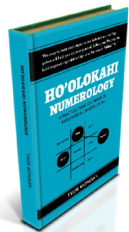
Numbers



WHAT IF YOU COULD READ THE STORY OF YOUR LIFE & START LIVING A PURPOSEFUL FUTURE NOW?

The Numbers Lab System and Yoga Numbers shares a unique birthdate numerology that reveals how to live a life of service, fulfillment, and purpose. Hidden within your birthdate are the keys to understanding how to overcome life challenges, build meaningful relationships, understand what you project into the world, how to share your gifts, and how to discover your life path. The Numbers Lab System is easy to learn and simple to use. It is based in Kundalini Yoga and infused with Aloha. With over 11 years of system development and testing in the areas of personal development, business, relationships, and health and much more, the Numbers Lab System provides highly accurate and valuable information to help you be happy, feel powerful and live free. [app.en](#)

- Read your life story
- Overcome life challenges
- Discover how others see you
- Project the positive self
- Build your life foundations
- Discover how to use your gifts
- Explore yearly and life cycles
- Create meaningful relationships
- Live a life of purpose
- Be happy, feel powerful, live free



HOSTED AT...



What Are People Saying?

"Tyler's numerology class was well organized, interesting, practical, and filled with information that I find myself able to use on a daily basis. The class gave me an incredible new tool set that I find myself using very frequently in many different facets of my life. Whether I am doing detailed analyses of birthdates or simply looking at basic information, the accuracy of this system is awesome. I also have found that its a great way for me to connect with people in a way that I otherwise might not have been able to. After all, who doesn't like hearing about themselves?"

– Liz, Acupuncturist –

"This course has helped me understand so much about my personality and the personality of my friends and family. It has also helped many of my clients. I am definitely interested in doing the Advanced Course next year, so please put my name on the list."

– Linda –

"Congratulations on presenting a great course. My only criticism is you didn't charge enough for the course to equal the energy you gave out..."

– Liz –

"I wanted to let you know how amazing one of your numerology students is doing!! Shirley gave me such an inspiring reading that I kept the paper and it inspires me to do better every day! You are amazing!"

– Cyrina –

I had no expectations coming into this consultation with Tyler. I figured I would take what resonated with me, and disregard what didn't resonate with me. Well, Tyler's entire session resonated with me. From the beginning of what I am most challenged with in life, suggestions on how to deal or let go of those challenges, to what aspects of myself need to be focused on, all to help me be the me I am destined to be. A session with Tyler helped validate several things I already knew about myself and shed light on those things that I wasn't sure were the true me or someone else's view of me... Tyler goes through each aspect of your birthchart, and the best part is he helps you discover how each of those aspects is already being manifested in your life, or how you can work towards manifesting them. Tyler isn't just telling you what is on your chart, he is helping you interpret the meaning in your life, now."

– Rebecca, Writer –

"My Ho'olokahi Numerology Consultation was very affirming and motivating, a perfect tool that helped me clarify and jump-start my purpose."

– Denise, Therapist –

Yoga Numbers Foundations: Level 1 (8-10hrs / 2-Day Training - Certificate)

Price Per Participant: \$250usd

During this two-day course, participants will learn the foundations of Yoga Numbers and the Numbers Lab System. They will learn the 11 Kundalini yoga energy bodies and how they relate to the meaning of the numbers. Participants will explore their own birthdate chart and learn the meaning of chart positions and how they change over time. They will learn how their birthdate reveals the unique and accurate story of their life and they will learn how to apply specific Asana, Pranayama, and Meditation to overcome challenges and live a more purposeful life.

Advanced Foundations: Level 2 (12Hrs / 2-Day Training - Certificate)

Price Per Participant: \$350 usd

During this two-day course, participants will gain a deeper understanding of the Numbers Lab System. We will cover more specific meanings of the Kundalini yoga energy bodies and how that relates to a deeper understanding of the numbers. We will dive deeper into the numerology chart and how the positions interact within a chart and between charts to uncover new aspects of the self.

With this more advanced understanding we can begin to explore family, business, and intimate relationships. We can also discover how the numbers relate to specific aspects of our life; like career, wealth, and health. We will also explore the personal, global, and master cycles and how we can utilize them to flow with the ups and downs of life. Finally, we will explore how the purpose path numbers can be used to undo karma and live our dharma; a life of purpose, fulfillment, and ease.

Number Labs Series (2-3Hrs Workshops)

Price Per Participant: \$50 usd

SERIES TOPICS INCLUDE:

Business & Career Numbers Lab
Money & Prosperity Number Lab
Leadership Numbers Lab
Relationship Numbers Lab
Group Dynamic Numbers Lab
Health and Wellness Numbers Lab
Teaching and Learning Numbers Lab
Life Purpose Numbers Lab

Practitioner Training

12Hrs in person +

1-Month online training

Teacher Training

3-Month

ABOUT THE FOUNDER OF NUMBERS LAB & YOGA NUMBERS

Tyler W Mongan is the founder of Numbers Lab and author of Ho'olokahi Numerology and Yoga Numbers. He has been teaching the Numbers Lab system and offering private consultations around the globe since 2012 [Hong Kong, Romania, Japan, Singapore & USA]. Tyler is a faculty member of the Asia Yoga Conference in Hong Kong, a former member of the Yoga Alliance Education Committee, and a teacher for Sanghawaii Yoga teacher trainings in Hawaii.

Tyler is also the founder of Heart Lab, a global consultancy firm focused on apply human physiology science to leadership, innovation, and futuring. He consults high-growth start-ups, fortune 500 companies, and government agencies on how to apply brain and heart science to business leadership, innovation & strategy. He is a Ph.D. candidate researching the application of neuroscience, heart-brain communication and quantum medicine science in the emerging business landscape.

Tyler is a registered Yoga instructor and completed 200hr and 40hr teacher training programs. He is also a student of Bagua martial arts, an avid surfer, and a banjo picker

Find out more here: www.linkedin.com/in/monganism and www.practicalnumerology.com



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